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The project "Innovative food technology systems for independent senior living", GoIndependent was officially inaugurated on March 14. The two teams from Japan and Sweden then met in Nagoya at the Fujita Health University for the first time to report progress during the spring and to plan ahead. The meeting included a visit to the rehabilitation facility at the university hospital as well as public lectures from the participants.

The project includes partners from both academia and industry, on the Swedish side Research Institutes of Sweden, Product Design and Perception, Helsingborg Municipality elderly care and the company Findus Special Foods. The hosting Japanese team consists of Fujita Health University and Matsumoto Dental University who are dental experts specialized in swallowing disorders, and the food company Food Care who similarly to Findus Special Foods produce foods aimed at people suffering from swallowing disorders.

The project participants continued from Nagoya to Yokohama to visit Food Care as well as a the nursing home Shilvertown Sagamihara. The group met with staff at the nursing home to exchange experiences as well as to try both Japanese and Swedish food adjusted for swallowing disorders. The project meeting then ended with further planning of activities.



